



Blossoming Hearts Play Therapy

Equality and Diversity Policy

May 2025

Blossoming Hearts Play Therapy adheres to the PTUK Equality & Diversity Policy (2021), this can be found at:

<https://playtherapy.org.uk/ptuk-equality-and-diversity-policy/>

I am committed to being part of and creating a fair, inclusive and diverse community where all are free from prejudice and discrimination (direct or indirect) and have the support they need to achieve their full potential.

The Equality Act (2010) made it illegal to discriminate against anyone on the basis of:

- age,
- gender reassignment,
- being married or in a civil partnership,
- being pregnant or on maternity leave,
- disability,
- race including colour, nationality, ethnic or national origin,
- religion or belief, sex, sexual orientation.

I believe all people have a right to a life free from discrimination, harassment, bullying and disadvantage.

I seek to embody the principles of acceptance and inclusion within their everyday working practices, alongside a process of continually questioning its attitudes and practices to ensure discrimination is contested at every level.

I adhere to the principles of the Play Therapy UK (PTUK) Ethical Framework, this can be found at:

<https://playtherapy.org.uk/ethical-framework/>